## ABSTRACT

The invention relates to a process for preparing beta-cyclodextrin which is of high compressibility and which is stable over time, characterized in that it comprises a step of dehydrating hydrated beta-cyclodextrin to a water content of less than 6%, preferably less than 4% and more preferably still less than or equal to 2% by weight, followed by forced rehydration to a water content greater than 10%, preferably greater than 12% and more preferably still greater than or equal to 13% by weight.

It also relates to the directly compressible betacyclodextrin obtained by means of the said process.